



CHHATRAPATI SHIVAJI MAHARAJ INSTITUTE OF TECHNOLOGY

Affiliated to the Mumbai University, Approved By AICTE - New Dehli.

DTE Maharashtra (DTE Code : 3477)

St. Wilfred's Education Society, Near Shedung Toll Plaza, Old Mumbai-Pune Highway, Panvel - 410206.

Tel.: 0224 - 239061 / 61. Mob.: +91-92234 34581 / 92244 34581. Email : swi.mumbai@gmail.com

Invitation

To,

Ms. Dipali S. Pingale,

(Assistant Professor)

Chhatrapati Shivaji Maharaj College of Nursing, Panvel

Subject: Invitation on conducting Seminar on "Women Healthcare and Hygiene".

Respected Madam,

Concerning the above-mentioned subject, we invite you. We are very glad to invite you to this event at our Institute for All-year students of the Computer Engineering Department.

DATE: 11-09-2023.

VENUE: Top Hall, CSMIT,

Panvel TIME: 2.00 to 3.00 p.m.

We look forward to your approval.

regarding the same .Thank you,

CONVENOR
WDC

Dr. Dharmendra Dubey
Principal of CSMIT



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Ref. No.: - Ref. id/CSMIT/COMP/01/2023/002

Date: -9 sept 2023

NOTICE

Date: September 9, 2023

To: All Students

Subject: Women Health Welfare

Dear Students,

We are delighted to announce a Women's Health Awareness Seminar, organized by CSMIT at Chhatrapati Shivaji Maharaj Institute of Technology, Panvel, scheduled for September 11, 2023. This seminar aims to raise awareness about crucial women's health issues, promote good hygiene practices, and educate participants on various aspects of women's well-being.

We are honored to host a distinguished guest, Ms. Dipali Pingale, who has generously agreed to share her time and valuable insights with us. Ms. Dipali Pingale is a renowned expert in the field of women's health and hygiene, and her presence at our event is indeed a privilege.

Thank you for your attention, and we look forward to your enthusiastic participation.

Regards,

CONVENOR
WDC

Dr. Dharmendra Dubey
Principal of CSMIT

FLYER / POSTER:



GLIMPSES:







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A Report on Women's Healthcare and Hygiene

NAME OF ACTIVITY: Women's Healthcare and Hygiene

DATE & DURATION: September 11, 2023

TYPE OF ACTIVITY: Health care Session

ORGANIZER(S): Department of Computer Engineering, Chhatrapati Shivaji Maharaj Institute of Technology, Panvel.

EXPECTED OUTCOMES:

CO1: Open Discussions: The seminar will foster open and inclusive discussions about women's health. Participants will be encouraged to ask questions, share experiences, and engage in meaningful conversations on these essential topics.

CO2: Empowerment: Empowerment lies at the core of this seminar. Attendees will feel empowered to take charge of their health, make informed decisions, and promote positive health practices within their communities.

CONVENOR
WDC

Dr. Dharmendra Dubey
Principal of CSMIT

BRIEF BIODATA OF RESOURCE PERSON: Ms. Dipali.S.Pingale Assistant Professor at Chhatrapati Shivaji Maharaj College of Nursing she a speaker, Mentor and Guide for many of the women's, girls for spreading the awareness of "Women Healthcare and Hygiene"

ABSTRACT OF THE SESSION: The 'Women's Healthcare and Hygiene ' event was organized by CSMIT at Chhatrapati Shivaji Maharaj Institute of Technology, Panvel on 11 September 2023. The event aimed to raise awareness about women's health issues, promote good hygiene practices, and educate participants on various aspects of women's well-being.

We were honored to have an esteemed guest, Ms. Dipali Pingale, for giving us her valuable time and insights, and her words of encouragement were deeply appreciated. Ms. Dipali Pingale emphasized the importance of Women's Healthcare and Hygiene in the overall well-being of society. She also guided us to stress the importance of breaking down societal taboos and encouraging open discussions on these topics.

She also guided us about reproductive health, menstrual hygiene, mental health, nutrition, and sexual education. She also guided us about hygiene products such as sanitary pads or napkins, tampons, and menstrual cups. And for how many hours we can use the hygiene product and what will happen if we don't use the product properly or don't take care of our hygiene properly What are the bad effects of that?

She also guided us about hemoglobin what to eat how the food affects our body during menstrual the importance of drinking water. She also guided us by expressing her thoughts on what are the myths and facts. She asked us about how we take care of our health during the menstrual period. She also guided us by expressing her thoughts and the questions we asked her. We were honored to bring Ms. Dipali Pingale as our guest for this seminar

ATTENDANCE SHEET:

ATTENDANCE SHEET			
Chhatrapati Shivaji Maharaj Institute of Technology			
Activity - <u>WOMEN'S Healthcare</u>			
Session - <u>WOMEN'S HEALTHCARE & HYGIENE</u>			
Sr.No	Name of Participants	College Name	Date: 11/9/2023 Signature
01	Nimisha choudhoni	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Nimisha</u>
02	Shreya Mhatre	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Shreya</u>
03	Amrita Bhamare	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Amrita</u>
04	Shruvoni Puri	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Shruvoni</u>
05	SARNATIKADSA	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Sarnatikadsa</u>
06	gabade Alisha	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Alisha</u>
07	PERSESHAKHI	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Perse</u>
08	Pahil Shivani	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Pahil</u>
09	UGALE RUDRA	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Ugale</u>
10	shreethi yadav	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Shreethi</u>
11	Patil Gayatri	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Patil</u>
12	Komal S Patil	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Komal</u>
13	Mali Praachi	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Mali</u>
14	vidhi parihars	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Vidhi</u>
15	Shreya sawan	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Shreya</u>
16	Sayantani Manne	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Sayantani</u>
17	Yashashree More	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Yashashree</u>
18	Nimisha Choudhoni	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Nimisha</u>
19	Kirti Sahane	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Kirti</u>
20	Sejal Puri	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Sejal</u>
21	Ajasa Sarnak	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Ajasa</u>
22	Shrutika Rothar	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Shrutika</u>
23	Nikita	Chhatrapati Shivaji Maharaj Institute of Technology	<u>Nikita</u>
24		Chhatrapati Shivaji Maharaj Institute of Technology	

Kamal
as coordinator

FEEDBACK ANALYSIS:

SESSION FEEDBACK ANALYSIS								
Sr.no	Attributes	Total Feed Back	Total Feed Back- 23					
			>80% Objective Achieved, 60 to 79 %- Satisfactory, Below 60%, Need improvement					
1	Do you think session was useful for you?	23	Excellent	Better	Good	Average	Satisfactory	Remark
			20	0	3	0	0	Objective Achieved (86.95%)
			86.95	0.00	13.04	0.00	0.00	
2	Did you receive all the information you expected by the session?	23	Excellent	Better	Good	Average	Satisfactory	Remark
			20	0	3	0	0	Objective Achieved (86.95%)
			86.95	0.00	13.04	0.00	0.00	
3	Opinion on Rating the speaker for the session	23	Excellent	Better	Good	Average	Satisfactory	Remark
			23	0	0	0	0	Objective Achieved - Outstanding & Excellent (100%)
			100	0	0	0.00	0	
4	Audience Query Response by the Speaker	23	Excellent	Better	Good	Average	Satisfactory	Remark
			23	0	0	0	0	Objective Not Achieved (100%)
			100	0	0	0	0	
5	Overall experience about the Session	23	Excellent	Better	Good	Average	Satisfactory	Remark
			20	0	3	0	0	Objective Achieved - Outstanding & Excellent (86.95%)
			86.95	0	13.04	0	0	
6	Would you like to attend future Alumni Session conducted by the department?	23	Yes	No	---	---	---	Remark (Yes)



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Date: -12 sept 2023

To,

Ms. Dipali S. Pingale,

(Assistant Professor,

Chhatrapati Shivaji Maharaj College of Nursing, Panvel)

Letter of Gratitude

*On behalf of Chhatrapati Shivaji Maharaj Institute of Technology, Panvel, we thank you for accepting our invitation to “**Women Healthcare and Hygiene**”. which was held on **11- SEP-2023**.*

*Once again, thank you for your dedication. **Women Healthcare** was a fantastic event, and I am truly grateful for the experience it provided. We express our sincere gratitude for the favor extended by you and expect similar support in the future.*

Thanking you

CONVENOR
(WDC)

Dr. Dharmendra Dubey
Principal of CSMIT

SAMPLE CERTIFICATE:



THANKS